**One Week Job – Worksheet**

1. List 5 jobs that Sean experienced that sound interesting to you. Explain why the job appeals to you.

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| --- | --- |
| Job | Why the job seems interesting |
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|  |  |
|  |  |
|  |  |

1. List 3 jobs that Sean experienced that do NOT appeal to you. Explain why.

|  |  |
| --- | --- |
| Job | Why the job does not appeal to you |
|  |  |
|  |  |
|  |  |

1. Of the advice different people offer Sean, write down 3 pieces of meaningful advice Sean receives. Explain why the advice is meaningful.
2. What is one important life lesson Sean learns from his One Week/One Job experience?
3. Complete the following exercise (provided by a motivational speaker in the movie)
4. List the worst possible job for you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. List at least 5 reasons of why the job is a horrible fit for you.

i)

ii)

iii)

iv)

v)

1. Based on your list. Write down what would be the best possible job for you (list reasons why)

Best possible job \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

i)

ii)

iii)

1. Do you believe this watching this movie was helpful in our Careers class? Why or Why not? Use examples in the movie to support your answer.