# Stad of the second seco

# Year!

New Year's activity pack for the **Onternediate** classroom

## A New Year

All around the world, people have been celebrating the beginning of each new year for over 4,000 years. Today, the start of New Year's celebrations typically begin on December 31<sup>st</sup>, or New Year's Eve, and continue into the early hours of January 1<sup>st</sup>, New Year's Day. Common New Year's traditions include attending parties, eating special holiday foods, watching firework displays, attending public New Year's celebrations, and making resolutions for the new year.

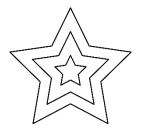
#### What is a Resolution?

The word "resolution" is a multiple-meaning word. The definition associated with the new year, however, refers to a resolution as being a firm decision to do something or not do something.

#### Why Make Resolutions?

Each new year is the perfect time to make positive life changes, set goals, and make resolutions. Many people feel the beginning of a new year is a good time to make resolutions, because it's a time to "start from scratch;" the beginning of each new year offers a fresh start with a "clean slate."

Naturally, people tend to want to do better and make positive changes in their lives, and the beginning of a new year offers a goal time and date where those positive changes can be set to start. It gives people time to prepare for the changes they want to make, and having a set goal date also helps to get people "fired up" about their upcoming goals.







#### A New Year

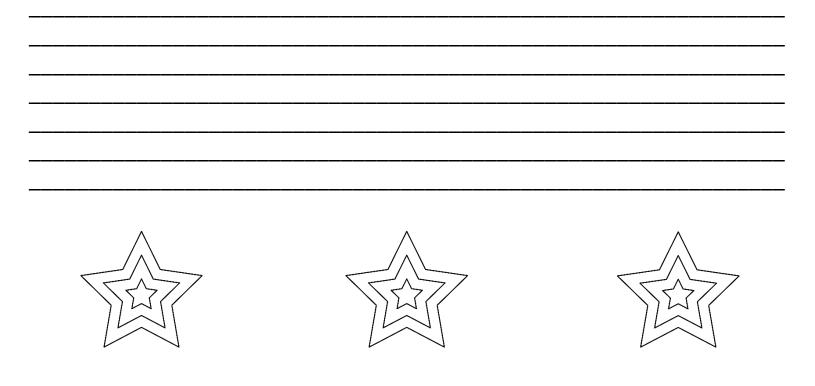
Another reason people make resolutions is because of tradition. For many, making New Year's resolutions is a tradition, whether those resolutions are kept or not. It's tradition to reflect back on the year at end and look forward to a or successful, new year.

#### How to Make a Resolution

A resolution starts with a desire to make a change. When you know what change you want to make in your life, all you have to do is commit to helping yourself the resolution you've made. Some helpful tips in making and keeping resolutions include being positive, being specific, making resolutions that are truly important you, being realistic, and only setting achievable goals.

Are you now ready to make a New Year's resolution? What do you want to what goals do you want to set for yourself, what changes do you want to make?

On the lines below, briefly describe one resolution you'd like to make for yourself in this new year.



## COMPRehension

Answer each question with complete sentences, or fill in each blank. Refer back to the reading passage, if necessary.

- 1. All around the world, people have been \_\_\_\_\_\_\_the beginning of each new year for over \_\_\_\_\_\_years.
- 2. What were some common New Year's traditions mentioned in the reading passage?

- 3. As it is related to the new year, what is a resolution?
- 4. What are two reasons people make resolutions?

- 5. A \_\_\_\_\_\_starts with a desire to make a \_\_\_\_\_\_.
- 6. Name three helpful tips in making and keeping resolutions.

#### IdiOMS

In the reading passage, there were several idioms used. Refer back to the passage to help define the literal meaning of each idiom.

1. Find the idiom, "start from scratch," and write its literal meaning on the lines below.

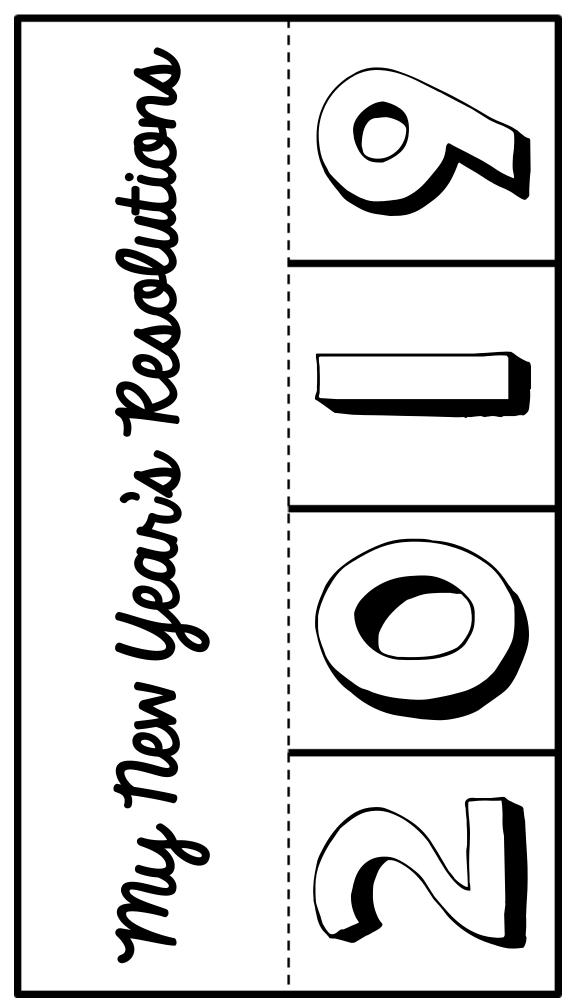
2. Find the idiom, "clean slate," and write its literal meaning on the lines below.

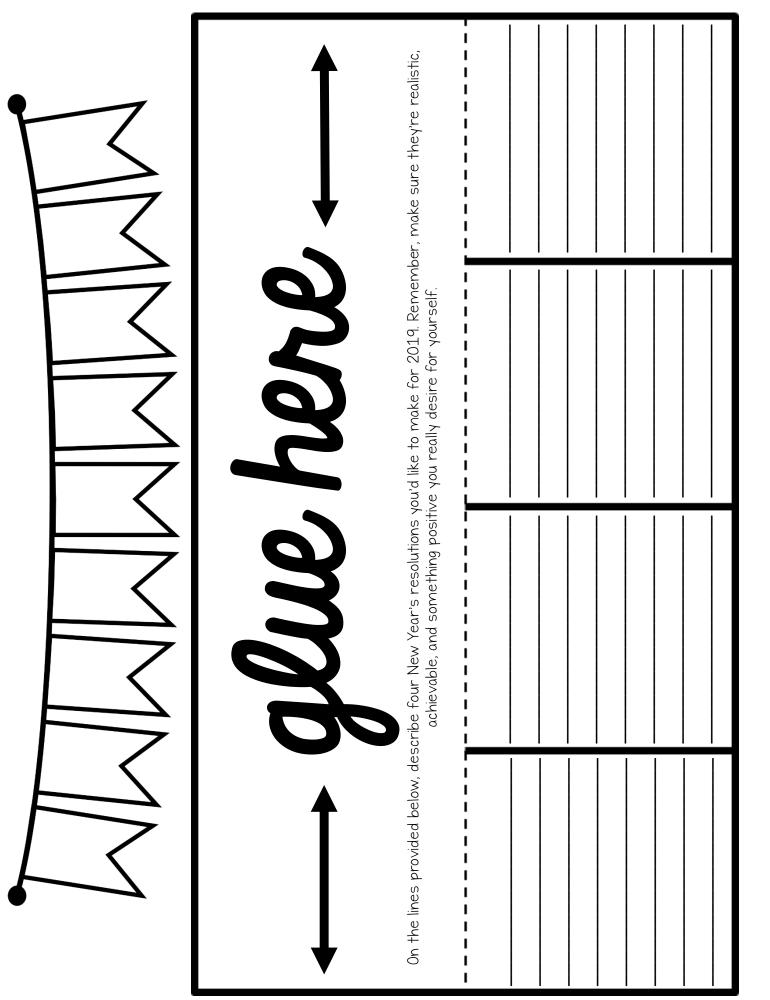
3. Find the idiom, "fired up," and write its literal meaning on the lines below.

4. Would you consider "fresh start" to be an idiom? Why or why not?

5. In your own words, describe exactly what an idiom is. What is a common one you've heard of?

resolutions foldable with flaps. \* Tip: print the foldable and template pages on contrasting, bright-Directions: Cut this foldable along the thick, black lines, glue it onto the template on the following page, fold along the dotted lines, and fill in the information on the template for a completed colored pages for a more colorful and eye-catching look.





## INS+RUC+10NS

The six pages after the instructions are ready to print and put together for a double-sided, New Year's flipbook. Refer to the "picture" instruction page with this one, if necessary.

\*When printing directly from your computer printer, do not select the "double-sided" option. The pages are not formatted to be folded the way they will come out of the printer.

\*If you are going to print double-sided from your computer printer, you will need to print the first, third, and fifth pages. Then, the second page would need to be flipped to go onto the back of the first; the fourth page would need to be flipped to go onto the back of the third; the sixth page would need to be flipped to go onto the back of the fifth.

In short, the easiest way to think of putting the pages together for printing, is to simply match up the same-sized, rectangular boxes on each side of the paper (see visual on the following page to see what I mean). In matching up the boxes, you will have had to flip one of the pages. If you match them that way, and put the pages back to back, they are easy to print on any copy machine that will do double-sided copies.

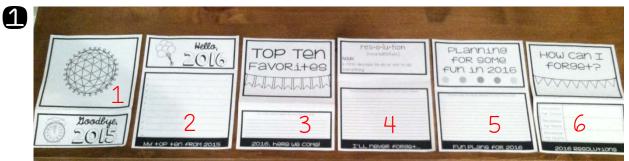
Even if you don't print them double-sided, you can still put the flipbooks together in the same way---just find the pages with the same-sized, rectangular boxes, match them up, and fold on the printed, dotted fold line.

On the next page, there is a visual instruction sheet to follow.

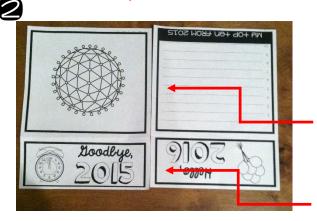
Don't stress---I promise it'll work! © © Jhe Seeds We Sow

INS+RUC+ions

If you have further questions, please email me at theseedswesowtpt@gmail.com



When I say first, third, fifth, and so on; refer to this pic. This is just how they'd print from the file.



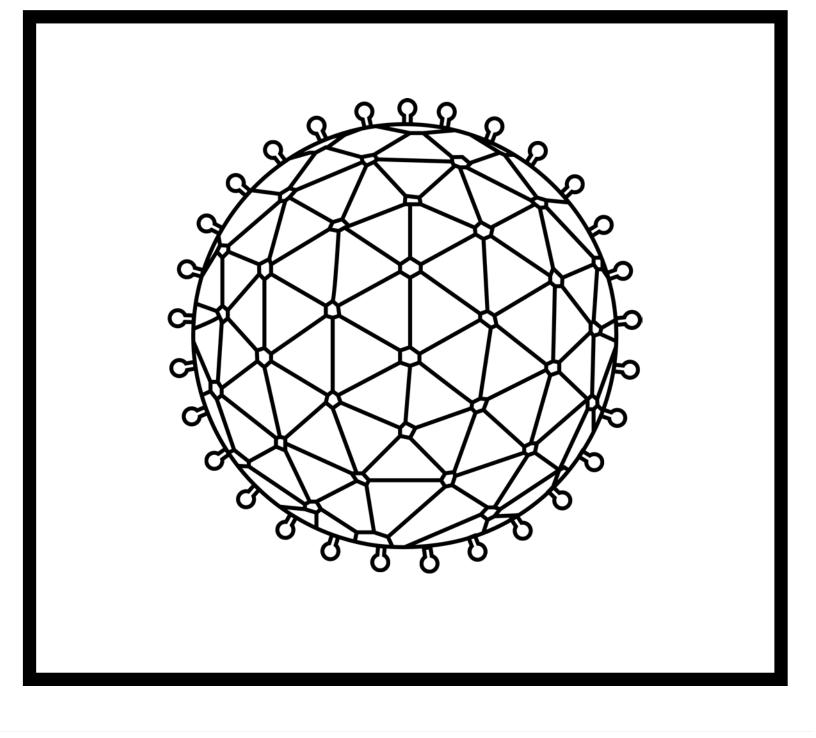
This is the first and second pages, side by side. The same-sized, rectangular boxes are matched up, and in order to do that, I did have to flip the second page. I will then put them back to back, back, just as they are. That will be my outer-most page and front flip of my book. Continue matching pages 3 & 4 together; and 5 & 6 together in this same way. Fold on the dotted fold line. See what I mean by matching samesized boxes together. You will have had to flip one of the pages to line the boxes up. Trust me. all work in the end.

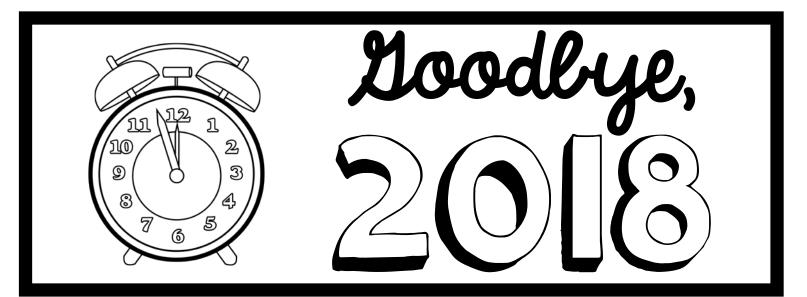


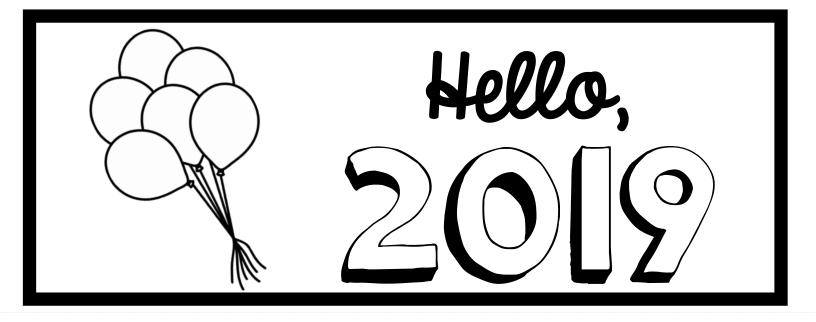






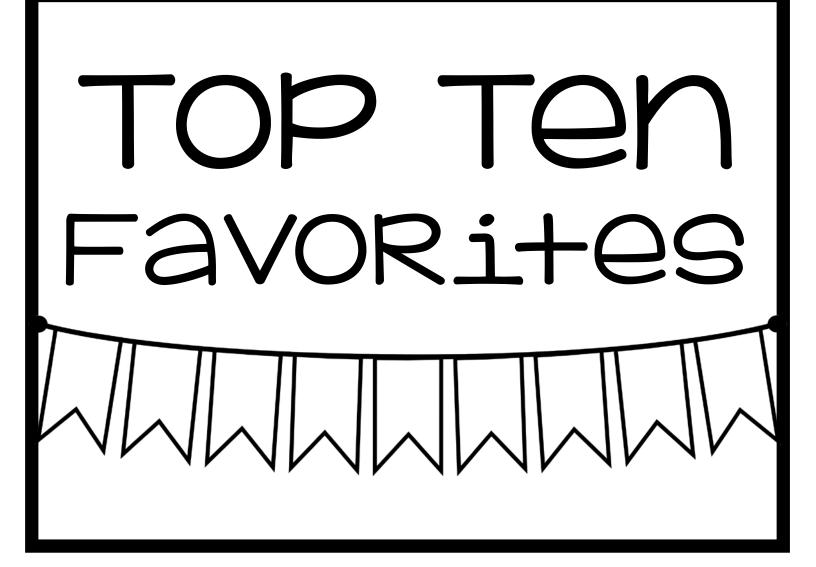






1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

#### MY +0P +en from 2018



I'm most excited about the new year because...

#### 2019, here we come!

#### res.o.lu.tion [rezə'loōSH(ə)n] NOUN a firm decision to do or not to do something

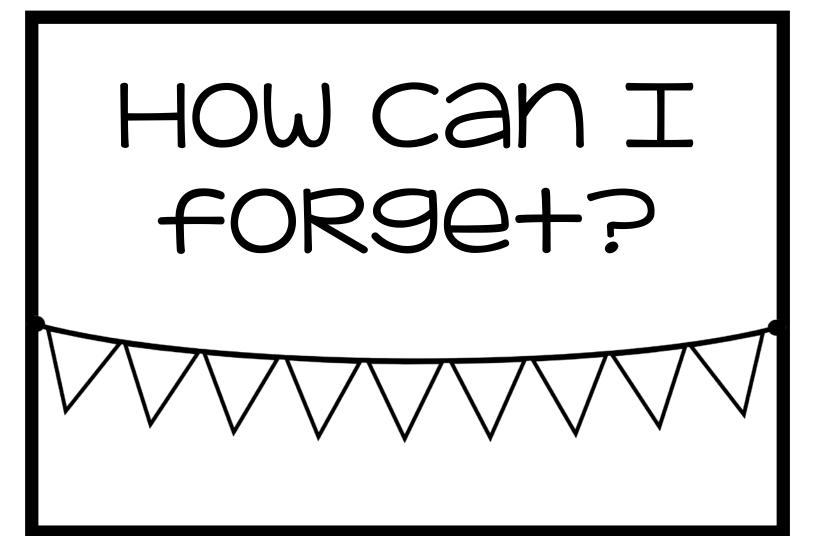
Some memories from 2018 I just cannot forget include...

#### I'LL NEVER FORSE+...

# PLANNIN9 FOR SOME FUN in 2019

I've got some fun things planned for 2019! They include...

#### FUN PLANS FOR 2019



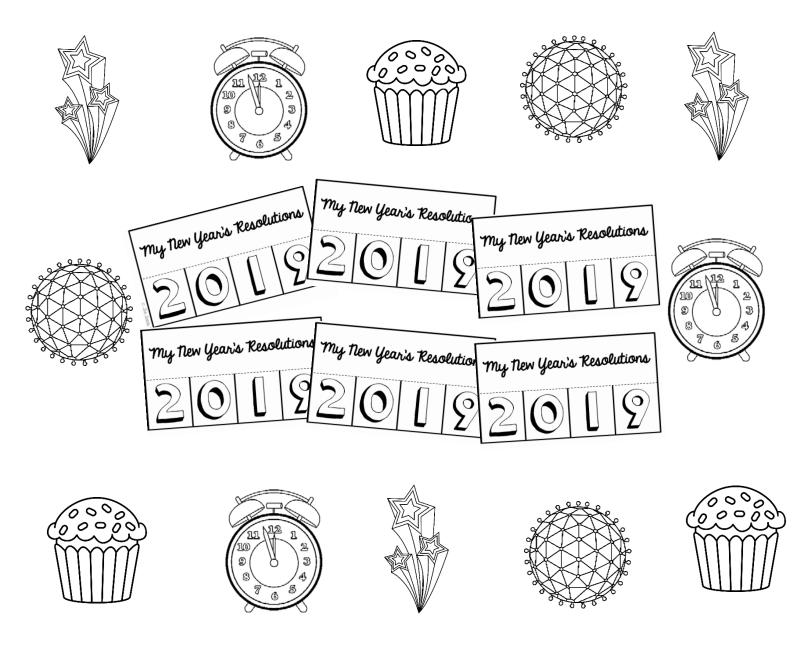
Resolution for School	
Resolution for Home	
Resolution for Health	

#### 2019 Resolutions

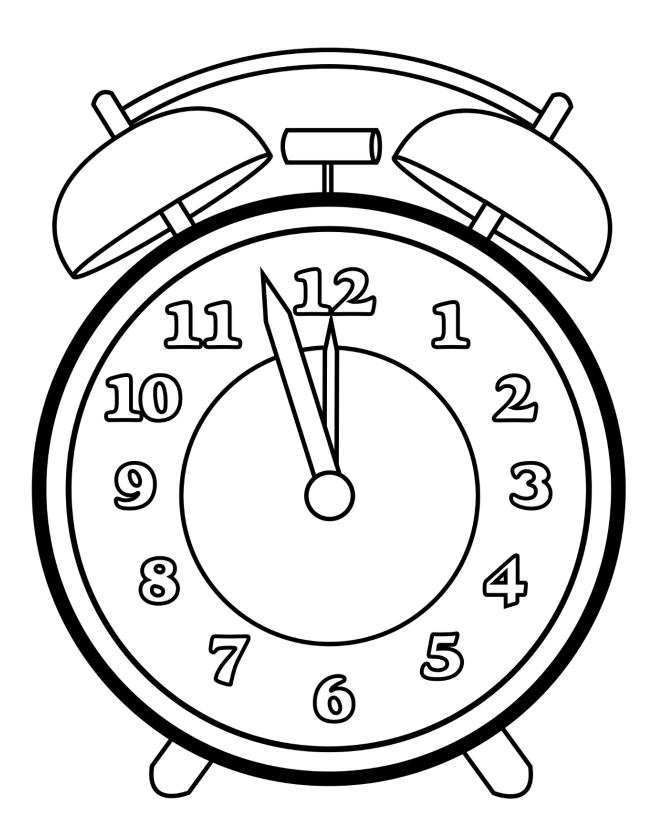
# Display idea

The following coloring pages, with the New Year's—themed pictures cut out, make a great border for a New Year's bulletin—type display.

Tip: make the focal point of the display your students' resolutions foldables or flipbooks.



## COLORing Page

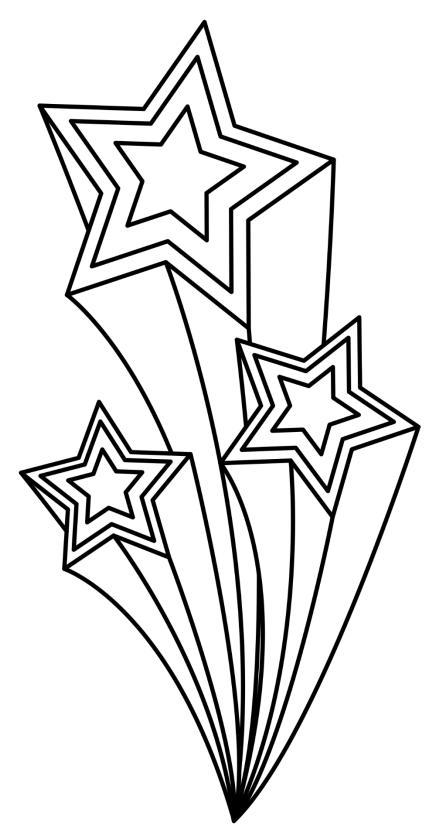


Name\_

# COLORing Page

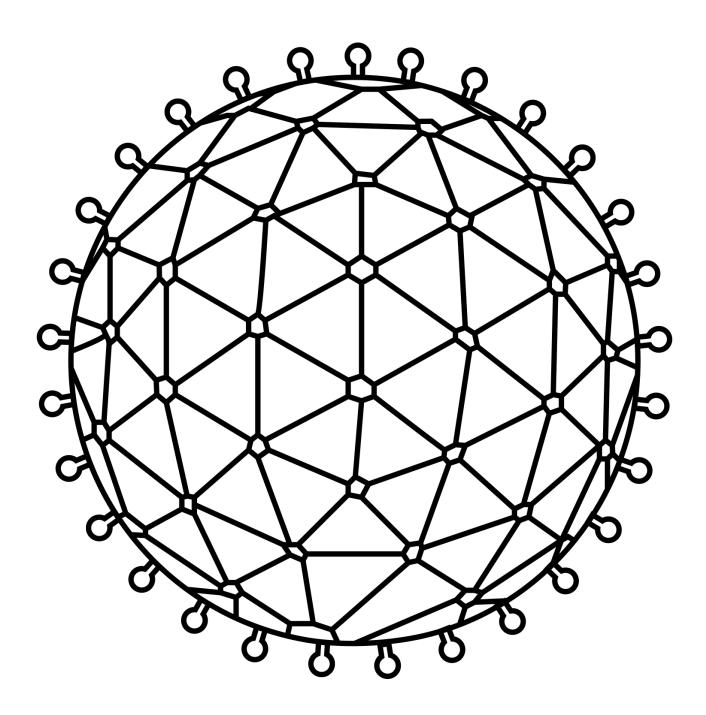


## COLORing Page



Name\_

## COLORing Page



#### Silly sentences

DiRections: Do not look at the story on the following page. Fill in the blanks on this page with the words called for. Then, using the words you've selected, fill in the blank spaces in the story.

#### Happy New Year!

ADJECTIVE	
HOLIDAY	
VERB ENDING IN -ING	
VERB ENDING IN -ING	
TIME ON THE CLOCK	
ADJECTIVE	
ADJECTIVE	
ADJECTIVE	
ADJECTIVE	
PLACE	
ADJECTIVE	Q Q Q Q Q
ADJECTIVE	
HOLIDAY	ALX AR
ADJECTIVE	aff X X X ho
ADJECTIVE	dx x x x h
PLACE	
PLURAL NOUN	
HOLIDAY	
ADJECTIVE	
ADJECTIVE	
ADJECTIVE	
© The Seeds We Sow	

## Silly sentences

#### HAPPY NEW YEAR!

Celebrating the new year is a	tradition for me. On
HOLIDAY EVE. I like VERB ENDING IN -ING	
holiday foods, and staying up ur	ntil It's
always a and eventful holiday.	
After the new year begins, I always think about t	he
resolutions I can make. One resolution I always make i	
I feel that being	is so important. A
new resolution I want to make is to do better on all my	
I am aADJECTIVE	_ worker, so that
shouldn't be too to do.	
Each day is a good time t	to look back on the past
year and think about all the things I've accomplished. ]	
things I've done. For examp	ele, I like to think about all
the things I've done at	I
	I've helped through the
year.	
I hope this is a	ADJECTIVE ONC
for you. Remember, set some	resolutions, and stick to
them! You'll feel so if you	do.

## WRite about it

DiRections: write a multi-paragraph letter to yourself describing your plans for the new year. Be sure to be specific and use great detail.

 <sup></sup> 6

#### Name\_\_\_\_

## WRite about it

DiRections: write a multi-paragraph personal narrative describing what you did to celebrate New Year's Eve and/or New Year's Day. Make sure your narrative has a beginning, a middle, and an end. Be specific about your experiences and your feelings. Use great detail.

	 <u><u><u></u></u></u>
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qKK	
°¶\\\\	

ANSWER KEY

Name

## COMPRehension

Answer each question with complete sentences, or fill in each blank. Refer back to the reading passage, if necessary.

- 1. All around the world, people have been <u>celebrating</u> the beginning of each new year for over <u>4,000</u> years.
- 2. What were some common New Year's traditions mentioned in the reading passage? Common New Year's traditions include attending parties, eating special holiday foods, watching firework displays, attending public

New Year's celebrations, and making resolutions for the new year.

- As it is related to the new year, what is a resolution?
   <u>A resolution refers to a firm decision to do something or not do</u> <u>something</u>.
- 4. What are two reasons people make resolutions? People make resolutions at New Years for different reasons; some include considering the new year a time for a fresh start, it's a goal date to make positive changes, and it's a tradition for many.
- 5. A <u>resolution</u> starts with a desire to make a <u>change</u>
- 6. Name three helpful tips in making and keeping resolutions. <u>Helpful tips include being positive, being specific, making resolutions</u> <u>that are truly important to you, being realistic, and only setting</u> <u>achievable goals.</u>

ANSWER KEY

Name

### IdiOMS

In the reading passage, there were several idioms used. Refer back to the passage to help define the literal meaning of each idiom.

1. Find the idiom, "start from scratch," and write its literal meaning on the lines below.

"Start from scratch" means to start at the beginning; to start over with no advantage.

2. Find the idiom, "clean slate," and write its literal meaning on the lines below.

"Clean slate" means an opportunity to start over with all past mistakes erased.

3. Find the idiom, "fired up," and write its literal meaning on the lines below.

"Fired up" means to be excited about, or absolutely ready for something.

4. Would you consider "fresh start" to be an idiom? Why or why not? <u>"Fresh start" would be considered an idiom, because the literal meaning</u> <u>cannot be found from breaking apart the separate meanings of each</u> <u>word.</u>

5. In your own words, describe exactly what an idiom is. What is a common one you've heard of? An idiom is an expression or phrase that cannot be taken literally. A

common one I've heard is, "raining cats and dogs." (There are so many acceptable, common idioms)

Thank you for your purchase! I truly appreciate your business.

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🛇 Stephanie