**MENTAL HEALTH ASSIGNMENT**

**Students will work *in pairs to* further develop their knowledge of a particular subject related to mental health, mental health issues, and stress. Students will effectively communicate their ideas through a presentation to the class.**

1. Possible topics to research and present include

 • Phobias • Depression

 • Generalized Anxiety Disorder • Bipolar

 • Schizophrenia • Obsessive-Compulsive Disorder

 • Panic Disorder • Dissociative Disorder

 • Attention Deficit Hyperactivity Disorder • Tourette ’s Syndrome

 • Seasonal Affective Disorder • Autism

 • Dementia • Borderline Personality Disorder

 • Post Traumatic Stress Disorder • Eating Disorders

*2.* Selected topic must be researched in depth and presented in an appealing manner to the class.

3. Your task is to educate an audience about yourtopic. Research should or may include:

 • What is it?

 • Signs and Symptoms

 • Prevention

 • Treatment

 • Statistics

 • Local **community resources** available to help deal with mental health issue.

4. Your final submission must include sound, accurate research from:

 • one print resource (e.g. book, encyclopedia, other reference material, journal)

 • one reputable website (e.g. government, community agency, educational website)

**MENTAL HEALTH EVALUATION RUBRIC**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Level 1** | **Level 2** | **Level 3** | **Level 4** |
|  | **(50-59%)** | **(60-69%)** | **(70-79%)** | **(80-100%)** |
| **Knowledge/ Understanding** | demonstrates limited understanding of the basic ideas and/or concepts | demonstrates moderate understanding of the basic ideas and/or concepts | demonstrates considerable understanding of the basic ideas and/or concepts | demonstrates thorough understanding of the basic ideas and/or concepts |
| **Understanding of particular****mental health topic** |
| **Thinking/Inquiry** | uses critical and creative thinking skills with limited effectiveness selects strategies and resources with limited effectiveness | uses critical and creative thinking skills with moderate effectiveness selects strategies and resources with moderate effectiveness | uses critical and creative thinking skills with considerable effectivenessselects strategies and resources with considerable effectiveness | uses critical and creative thinking skills with a high degree of effectivenessselects strategies and resources with high degree effectiveness |
| **Use of a variety of critical and creative** **thinking skills in reflection** **(i.e., organizing, interpreting)****Selection of strategies and resources** **that are relevant to topic and enhance** **presentation** |
| **Communication** | communicates ideas with limited clarity uses symbols and visuals with limited effectiveness | communicates ideas with moderate clarityuses symbols and visuals with moderate effectiveness | communicates ideas with considerable clarity uses symbols and visuals with considerable effectiveness | communicates ideas with a high degree of clarityuses symbols and visuals with high degree effectiveness |
| **Communication of ideas concerning mental health topic clearly (through appropriate level of** **detail, organization of information,** **proper use of language conventions,** **presentation format)****Use of symbols and visuals** |
| **Application****Display of empathy for the feelings** **and situations of others by making** **connections through the research** **and presentation** | displays little empathy for the feelings and situations of others | displays moderate empathy for the feelings and situations of others | displays considerable empathy for the feelings and situations of others | displays high degree of empathy for the feelings and situations of others |