**MENTAL HEALTH ASSIGNMENT**

**Students will work *in pairs to* further develop their knowledge of a particular subject related to mental health, mental health issues, and stress. Students will effectively communicate their ideas through a presentation to the class.**

1. Possible topics to research and present include

• Phobias • Depression

• Generalized Anxiety Disorder • Bipolar

• Schizophrenia • Obsessive-Compulsive Disorder

• Panic Disorder • Dissociative Disorder

• Attention Deficit Hyperactivity Disorder • Tourette ’s Syndrome

• Seasonal Affective Disorder • Autism

• Dementia • Borderline Personality Disorder

• Post Traumatic Stress Disorder • Eating Disorders

*2.* Selected topic must be researched in depth and presented in an appealing manner to the class.

3. Your task is to educate an audience about yourtopic. Research should or may include:

• What is it?

• Signs and Symptoms

• Prevention

• Treatment

• Statistics

• Local **community resources** available to help deal with mental health issue.

4. Your final submission must include sound, accurate research from:

• one print resource (e.g. book, encyclopedia, other reference material, journal)

• one reputable website (e.g. government, community agency, educational website)

**MENTAL HEALTH EVALUATION RUBRIC**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Level 1** | **Level 2** | **Level 3** | **Level 4** |
|  | **(50-59%)** | **(60-69%)** | **(70-79%)** | **(80-100%)** |
| **Knowledge/ Understanding** | demonstrates limited  understanding of the basic  ideas and/or concepts | demonstrates moderate  understanding of the basic  ideas and/or concepts | demonstrates considerable  understanding of the basic  ideas and/or concepts | demonstrates thorough  understanding of the basic  ideas and/or concepts |
| **Understanding of particular**  **mental health topic** |
| **Thinking/Inquiry** | uses critical and creative  thinking skills with limited  effectiveness  selects strategies and resources with limited effectiveness | uses critical and creative  thinking skills with moderate  effectiveness  selects strategies and resources  with moderate effectiveness | uses critical and creative  thinking skills with  considerable effectiveness  selects strategies and resources  with considerable effectiveness | uses critical and creative  thinking skills with a high  degree of effectiveness  selects strategies and  resources with high degree  effectiveness |
| **Use of a variety of critical and creative**  **thinking skills in reflection**  **(i.e., organizing, interpreting)**  **Selection of strategies and resources**  **that are relevant to topic and enhance**  **presentation** |
| **Communication** | communicates ideas with  limited clarity  uses symbols and visuals with  limited effectiveness | communicates ideas with  moderate clarity  uses symbols and visuals with moderate effectiveness | communicates ideas with  considerable clarity  uses symbols and visuals with  considerable effectiveness | communicates ideas with  a high degree of clarity  uses symbols and visuals  with high degree  effectiveness |
| **Communication of ideas concerning mental health topic clearly (through appropriate level of**  **detail, organization of information,**  **proper use of language conventions,**  **presentation format)**  **Use of symbols and visuals** |
| **Application**  **Display of empathy for the feelings**  **and situations of others by making**  **connections through the research**  **and presentation** | displays little empathy for the  feelings and situations of  others | displays moderate empathy  for the feelings and situations  of others | displays considerable  empathy for the feelings and  situations of others | displays high degree of  empathy for the feelings  and situations of others |